



ZIAN SAFE HARBOUR
CLINICAL CARE SERVICES

SERVICE CATEGORY
Clinical Nursing Care

Bringing Professional Healthcare to the Comfort of Home

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f Zian Safe Harbour Care

HOSPITAL-LEVEL NURSING CARE AT HOME

Clinical Care Services

Bringing Professional Healthcare to the Comfort of Home

SERVICE EVOLUTION

Healthcare is evolving beyond the walls of hospitals. Today, more individuals and families are embracing home-based clinical care as a safe, effective, and compassionate way to receive high-quality medical services while remaining in the comfort and familiarity of their own homes. Whether recovering from surgery, managing a chronic illness, living with a disability, or requiring ongoing medical support, clinical care services bridge the gap between hospital treatment and everyday living.

At **Zian Safe Harbour Care**, we understand that healing extends beyond medication and procedures. It involves dignity, compassion, trust, and personalized care delivered by qualified healthcare professionals who are committed to improving lives. Our clinical care services are designed to provide hospital-level nursing care in a home environment, ensuring patients receive expert medical attention without compromising comfort or independence.



What Are Clinical Care Services?

Clinical care services are specialized healthcare interventions provided by trained professionals such as registered nurses, licensed practical nurses, and other qualified healthcare providers.

Unlike basic caregiving, clinical care involves **medical assessment, treatment, monitoring, and nursing procedures** that require professional knowledge, clinical judgment, and technical skills. These services are ideal for individuals who require continuous medical attention but do not necessarily need hospitalization. Home-based clinical care promotes recovery, minimizes hospital readmissions, reduces the risk of healthcare-associated infections, and enhances overall quality of life.



Who Can Benefit from Clinical Care Services?

Clinical care is beneficial for individuals of all ages who have complex medical needs, including:

- Older adults with multiple chronic conditions
- Patients recovering after surgery
- Stroke survivors undergoing rehabilitation
- Individuals living with diabetes
- Patients with heart disease or hypertension
- Individuals with chronic respiratory illnesses
- Cancer patients receiving palliative or supportive care
- Neurological conditions (Parkinson's, Multiple Sclerosis)
- Individuals with physical disabilities
- Patients requiring long-term wound management
- **Individuals requiring intravenous (IV) therapy or complex medication administration**

Comprehensive Nursing Assessment

Every successful care journey begins with a thorough assessment. Clinical nurses evaluate key patient health pillars:

• Medical history	• Current diagnosis	• Vital signs	• Pain level
• Respiratory status	• Cardiovascular health	• Nutritional status	• Mobility
• Skin integrity	• Medication regimen	• Mental & emotional well-being	• Home safety environment

Vital Signs Monitoring

Vital signs provide essential information about a patient's overall health and help detect early signs of deterioration before serious complications develop.

120/80 BLOOD PRESSURE	80 bpm HEART RATE	20 /min RESPIRATION	36.8 °C BODY TEMP	98% SpO2 OXYGEN SAT.	Glucose BLOOD SUGAR
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Key Clinical Care Modules

01 Medication Management

Medication errors remain a leading cause of preventable complications. Clinical nurses ensure safety across all steps:

- Safe and accurate administration
- Correct dosage verification
- Timely delivery adherence
- Efficacy and response monitoring
- Side effect & adverse reaction evaluation
- Support for injections, anticoagulants & insulin

02 Wound Care Management

Preventing infections and accelerating healing through advanced wound techniques:

- Surgical wound assessment & care
- Pressure ulcer & diabetic foot ulcer care
- Traumatic wound treatments
- Sterile dressing changes
- Debridement support & infection control
- Healing progress documentation

03 Intravenous (IV) Therapy

Administering essential fluids and medications safely in the comfort of home:

- IV medication administration & fluid therapy
- IV cannulation and line maintenance
- At-home antibiotic therapy regimens
- Prescribed IV nutritional support
- Monitoring for infiltration, phlebitis & infection

04 Chronic Disease Management

Ongoing monitoring and coordinated support for long-term health conditions:

- Diabetes Mellitus & Hypertension
- Heart Failure & Chronic Kidney Disease
- COPD, Asthma & Respiratory Illnesses
- Arthritis & Neurological Disorders
- Lifestyle education & early intervention

05 Post-Surgical Care

Ensuring safe post-operative recovery to minimize hospital readmissions:

- Incision assessment & sterile dressing changes
- Post-op pain management protocols
- Infection surveillance & early detection
- Mobility assistance & recovery monitoring

06 Infection Prevention & Control

Strict clinical safety protocols protecting both patients and families:

- Hand hygiene & PPE standards
- Sterile & aseptic care techniques
- Safe medical waste disposal
- Equipment disinfection & family safety training

Palliative & Supportive Care

Focusing on comfort, dignity, and quality of life for serious or life-limiting conditions:

- Pain & symptom control
- Emotional support
- End-of-life comfort care
- Physician coordination

Patient & Family Education

Empowering families to actively participate in healthcare with confidence:

- Disease management
- Medication adherence
- Fall prevention
- Warning sign recognition

The Importance of Person-Centered Care

Clinical excellence is not only about technical skills—it is also about treating every individual with compassion, respect, and dignity. Person-centered care means recognizing each patient's unique preferences, values, cultural background, and healthcare goals. At Zian Safe Harbour Care, we believe healthcare should be built around the individual, not simply the diagnosis.

Why Choose Home-Based Clinical Care?

Comfortable Environment

Familiar surroundings significantly reduce stress and improve mental well-being.

Reduced Infection Risk

Minimizes exposure to hospital-acquired infections and illnesses.

1-on-1 Clinical Focus

Dedicated nursing attention tailored directly to individual patient needs.

Greater Convenience

Eliminates travel hassle, long hospital wait times, and transportation strain.

The Zian Safe Harbour Care Commitment

EXPERTISE • COMPASSION • TRUST

At Zian Safe Harbour Care, our mission is to provide exceptional clinical care that combines medical expertise with genuine compassion. We are committed to delivering safe, evidence-based, and person-centered healthcare services that support healing, restore independence, and improve quality of life.

"Guiding You to Comfort, With Caring Purpose."

